Together we can make a difference in the lives of neighbors in need.

Helping Hands Ministry (HHM)

helps low income Linn County families & individuals with financial assistance for:

- Rent
- Utilities
- Iowa ID's
- Single ride city bus tickets
- 31 Day city bus passes for work
- Auto Gas vouchers for work & medical appointments

As well as personal care items and referrals to avoid evictions & shutoffs

Any homeless or low income Linn County individual or family in need of emergency help is eligible to apply. There is no charge.

HHM does not discriminate based on race, creed, color, age, religion, sex, national origin, gender identity, sexual orientation, marital status, ancestry or veterans status.





"Without help from HHM, people will be unable get to work, and become self sufficient. In the colder months walking to and from work for me would be impossible with my disabilities, I would be in so much pain. Thank you Helping Hands." DR



"I recently became unemployed due to lay-off and budget cuts. I am a single mother, I was able to pay all my expenses on time but I was not able to set aside money for savings. I quickly began to acquire debt and soon began the notifications for past due bills. After two attempts to get assistance, HHM was able to help me with utility bills. I was recently involved in an auto accident with an uninsured driver and returned in need of bus fare. I know that this is temporary. I will give back to HHM . " AM

Join Us! Make a Difference

\$4.50 gives 6 single bus tickets
\$10.00 helps with Auto Gas
\$10.00 pays for an Iowa ID
\$10.00 helps with Auto Gas

\$20.00 gets someone to work for a month with a 31-Day Bus Pass



\$150.00 helps a family with rent or utilities

\$225 boosts our bus ticket allotment for one month so we don't turn people away



Neighbors also need:

- Soap & Shampoo
- Hand sanitizer
- Female products
- Band Aids
- Diapers & wipes
- Washcloths
- Granola bars
- Mittens for adults

- Can openers
- Laundry soap
- Socks & Gloves
 - Toilet paper & Tissues
- Flashlights
- Gift cards

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Address Email Address:	Name Phone Number	I cannot give today, but would like to pledge \$once; or \$ per month, or volunteer:	ECCF Endowment Fund - For Endow Iowa tax credit, make check payable to Greater Cedar Rapids Community Foundation	*PLEASE: Checks payable to Ecumenical Community Center Foundation	Donate online at <u>www.ecc-cr.net</u> (PayPal) OR: Enclosed is my check* in the amount of: \$500.00;\$250.00;\$100.00; \$(other)	admin@ecc-cr.net & helpinghands@ecc-cr.net OR 319-362-4284 & 319-366-2651 OR find us on	601 Second Ave SE Suite #1, Cedar Rapids, IA 52401	Foundation Community Conton Foundation (FCCF)
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Making Today Better & Tomorrow Brighter for Neighbors in Need

Volunteer

We seek caring and compassionate volunteers to assist with office tasks and marketing.

HELPING HANDS MINISTRY

601 Second Avenue SE # 2 Cedar Rapids, IA 52401

Phone: 319-366-2651

Email: <u>helpinghands@ecc-cr.net</u>

Open Monday through Friday 10:00 AM - 4:00 PM For help with rent and utilities please schedule an appointment over the phone on 1st & 3rd Mondays of each month



Ecumenical Community Center Foundation (ECCF)

HELPING HANDS MINISTRY - HHM



Your Gifts Provide

Assistance and support for basic needs to persons in Linn County through collaboration with the faith community, individuals, businesses, and local agencies.