

**Toiletries Needed - Not all items have to be in every Gallon or Quart baggie**

Shampoo

Deodorant

Soap

Lotion

Conditioner

Toothbrush & Toothpaste

Floss

Hand sanitizer

Triple antibiotic ointment

Bandages

Nail clipper & / or file

Ladies supplies

Tissues

Wipes

Razor

Comb

Can Opener & / or Flashlight

Water bottle

Granola bars & / or Protein can or package of chicken or tuna

Socks & / or Washcloths

Laundry Soap – single load

Notepad & / or Pen

Notes of encouragement